

A Suggestion for an Advent Daily Prayer

Week One:

This week why not start or end your day with one of the following prayer phrases taken from the Scripture readings of the First Sunday of Advent!

- ❖ "To you O Lord I lift up my soul"
- ❖ "Lord, make me know your ways. Lord, teach me your paths"
- ❖ "God's ways are faithfulness and love"
- ❖ "The Lord-our-integrity"
- ❖ "Come Lord Jesus"



Week Two:

This week why not start or end your day with one of the following prayer phrases taken from the Scripture readings of the Second Sunday of Advent!

- ❖ "Put on the beauty of the glory of God for ever, wrap the cloak of integrity around you."
- ❖ "Prepare a way for the Lord, make straight a path. And all will see the salvation of God."
- ❖ "God will guide us in joy by the light of his glory, with his mercy and integrity for escort."
- ❖ "What marvels the Lord has worked for us! Indeed we are glad."
- ❖ "Come Lord Jesus"



Week Three:

This week why not start or end your day with one of the following prayer phrases taken from the Scripture readings of the Third Sunday of Advent!

- ❖ "Truly, God is my salvation, I trust, I shall not fear."
- ❖ "May that peace of God, which is so much greater than we can understand, guard our hearts and our thoughts, in Christ Jesus."
- ❖ "The Spirit of the Lord has been given to me; he has sent me to bring the good news to the poor."
- ❖ "Come Lord Jesus"



Week Four:

This week why not start or end your day with one of the following prayer phrases taken from the O Antiphons of 17th-24th December!

- ❖ "Wisdom of the Most high, come and teach us the way of truth"
- ❖ "Ruler of the House of Israel, come and save us with outstretched arm"
- ❖ "Root of Jesse, come to save us, and delay no more"
- ❖ "Emmanuel our king and lawgiver, come and save us"
- ❖ "Key of David, come to liberate from prison the captive who lives in darkness"
- ❖ "King of the people's and corner-stone of the Church, come and save us"
- ❖ "Morning star, sun of justice, come and enlighten those who live in darkness"

