

A PRAYER TO BEGIN MY LENTEN JOURNEY

Loving Jesus,
as I make the sign of the cross on my forehead
this Ash Wednesday.
I hear you say to me, walk with me,
these 40 days of Lent.
Spend time with me in prayer.
Fast from things that keep you from
being the best that you can be.
Give to those
who are not
as blessed as you are.
And together we will make the journey
to new life at Easter.

Amen

This Lent I will

Pray:

Fast:

Give: