

HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of mercy, hail our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears.

Turn then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

PRAYER AFTER THE ROSARY

May the divine assistance remain always with us, and may the souls of the faithful departed, through the mercy of God, rest in peace. **Amen.**

*Happy are those who die in the Lord.
Happy indeed the Spirit says;
now they can rest forever after their work,
since their good deeds go with them.
(Rev 14:13)*

This card has been produced by the Kildare and Leighlin Diocesan Commission for Liturgical Formation
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ROSARY PRAYER CARD



"This is what praying is, opening the door to the Lord, so that he can do something. If we close the door, God can do nothing!"
(Pope Francis)



“Mary treasured all these words and pondered them in her heart” (Lk 2:19)

Praying the Rosary can be as simple as praying one decade (the Our Father, 10 Hail Marys & the Glory Be) or praying five decades while reflecting on a particular set of Mysteries about the life of Christ, for example the Joyful or Sorrowful Mysteries. It can also conclude with the Hail, Holy Queen.

HOW TO PRAY THE ROSARY



1. **Make the Sign of the Cross.**
2. Announce the mystery for reflection and **pray the Our Father.**
3. **Pray 10 Hail Marys.**
4. **Finish the decade with the Glory Be.**
5. Repeat this process (2,3,4) for each decade of the Mysteries being prayed.
6. Conclude with the Hail, Holy Queen and **make the Sign of the Cross to end.**

OUR FATHER

Our Father, who art in heaven, hallowed be thy name,
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread
And forgive us our trespasses as we forgive those who trespass against us;
And lead us not into temptation but deliver us from evil. **Amen.**

HAIL MARY

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus; Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. **Amen.**

GLORY BE

Glory be to the Father, and to the Son and to the Holy Spirit; as it was in the beginning, is now and ever shall be, world without end. **Amen.**

THE MYSTERIES OF THE ROSARY

THE JOYFUL MYSTERIES

(Monday & Saturday)

The joyful mysteries help us to reflect on the Incarnation—the events surrounding Jesus taking flesh and coming into our world.

The Annunciation:	Mary is invited to become the mother of God
The Visitation:	Mary visits her cousin Elizabeth
The Nativity:	Jesus is born in Bethlehem
The Presentation:	Mary & Joseph present Jesus in the temple
The Finding in the Temple:	Missing for three days, Jesus is found in the temple

THE MYSTERIES OF LIGHT

(Thursday)

The mysteries of Light focus on the public life of Jesus and draw us more deeply into his mission.

The Baptism of Jesus:	Jesus is baptised in the river Jordan
The Wedding Feast of Cana:	Jesus works his first miracle
The Proclamation of the Kingdom:	Jesus announces the coming of God’s kingdom
The Transfiguration:	Jesus appears in his glorified self
The Institution of the Eucharist:	Jesus gives himself in the form of bread and wine

THE SORROWFUL MYSTERIES

(Tuesday & Friday)

The sorrowful mysteries help us to relive the death of Jesus, to stand at the foot of the cross beside Mary, to enter into the depths of God’s love for us.

The Agony in the Garden:	Jesus prays to his heavenly Father
The Scourging at the Pillar:	Jesus is scourged by the soldiers
The Crowning with Thorns:	Jesus is mocked by the soldiers
The Carrying of the Cross:	Jesus carries his cross to Calvary
The Crucifixion:	Jesus is crucified on the Cross

THE GLORIOUS MYSTERIES

(Wednesday & Sunday)

Jesus is the Risen One. We are invited to pass beyond the darkness of the Passion to gaze upon Christ’s glory. Mary was present at the coming of the Holy Spirit and she is taken into heaven and crowned Queen of Angels and Saints.

The Resurrection:	Jesus is raised from the dead
The Ascension:	Jesus returns to his heavenly Father
The Descent of the Holy Spirit:	Mary and the apostles receive the power of the Spirit
The Assumption:	Mary is taken into heaven
The Coronation of Mary:	Mary is crowned Queen of Heaven