

This short guide is intended for use alongside the short video exploring the Liturgy of the Eucharist within the celebration of Mass that can be found on [www.kandle.ie](http://www.kandle.ie) and [www.iCatholic.ie](http://www.iCatholic.ie)

It is designed to be easily adapted for use in a variety of settings, for example:

- an informal watching of the video with a chat over a cup of tea after morning Mass
- as part of the on-going formation of a Parish Liturgy Group
- to accompany an individual watching of the video
- a Faith Formation Series hosted by the parish.

We hope that you find it of help as you dig deeper into our Sunday experience.

#### VIDEO CONTENT:

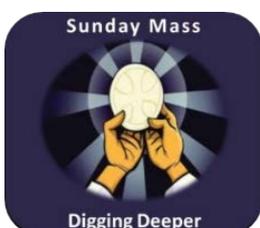
- What key points about Sunday Mass and the Liturgy of the Eucharist did you take from the video? *and/or*
- What was striking you about what was being said as you watched?

#### RELATING TO YOUR OWN EXPERIENCE IN THE PARISH:

- What connections can you make, if any, between what was expressed in the video and your own experience of the Liturgy of the Eucharist at Sunday Mass in your parish?
- Is there anything expressed in the video that you would like to experience at a deeper level in the parish? How might this come about? (see page two for some check in questions)

#### WHAT YOU WILL TAKE FOR YOURSELF FROM THE VIDEO:

- In light of watching the video and your own personal reflection (and group discussion), is there anything you will bring to your own participation in the Liturgy of the Eucharist (either as an Extraordinary Minister of Holy Communion, a member of the assembly or an ordained minister) at Sunday Mass in the future?



*A 2019 Initiative of the Kildare and Leighlin Diocesan Commission for Liturgical Formation*

# CONSIDER THIS

The following is offered as a practical tool for Liturgy Groups, local parish teams and those who share responsibility for preparing liturgy in the parish.

## General check in questions to consider regarding the Preparation of the Altar – *Taking...*

- ✓ Are the gifts of bread and wine typically presented by members of the assembly on a Sunday?
- ✓ Is enough bread and wine presented so that at least a sizeable proportion of the assembly can receive Hosts consecrated at the Mass at which they are attending?
- ✓ Is the monetary collection presented with the gifts?
- ✓ Are the gifts, Cross, Priest Celebrant and people ever incensed at this time?
- ✓ Is there a conscious selection and use of music – sung, instrumental or occasionally, silence - to accompany the presentation of gifts?
- ✓ Does the assembly know when to stand in readiness for the Eucharistic Prayer?

## General check in questions to consider regarding the Eucharistic Prayer - *Blessing*

- ✓ Is the rich variety of Eucharistic Prayers utilised by the parish?
- ✓ Are the assembly and choir encouraged and facilitated to sing the acclamations (and on occasion the Opening Dialogue)?
- ✓ Does the assembly share a unified posture during this prayer – standing at the beginning and kneeling after the Sanctus (Holy, Holy)?
- ✓ Are families encouraged to pray before meals in the home, making a link between that prayer and the Mass?

## General check in questions to consider regarding the Communion Rite – *Breaking and Sharing*

- ✓ Are there some large Hosts that can be broken down during the Fraction Rite (Lamb of God)?
- ✓ Are people ever invited to 'take and eat' and 'take and drink'?
- ✓ Are enough Extraordinary Ministers of Holy Communion (EMHC) scheduled?
- ✓ What training and on-going formation and support does the parish offer EMHC?
- ✓ Does the parish need to do any 'housekeeping' at this time in regard to how EMHC exercise their ministry together at this time of the Mass?
- ✓ Does the Communion procession reflect a pilgrim people united in faith, processing to and receiving Holy Communion in a spirit of reverence to God and hospitality to one another?
- ✓ Does the choir sing the 'Lamb of God'? Does the music support the shared journey of people to Holy Communion?

