

Rosary Sunday 5 October 2014

An invitation to pray the Rosary for the intention of the Family. Linking with Pope Francis and those gathered in Rome for the Synod on the Family.

#PraytheRosary www.catholicbishops.ie #RosarySunday

How to Pray the Rosary



“Through the Rosary the faithful receive abundant grace, as though from the very hands of the Mother of the Redeemer.”



- Saint John Paul II *Rosarium Virginis Mariae*

The Rosary from the Latin word *rosarium*, meaning 'Crown of Roses' is a form of prayer. The prayers that essentially compose the Rosary are arranged in sets of ten *Hail Marys* preceded by one *Lord's Prayer* and followed by one *Glory Be to the Father*. During recitation of each set, known as a decade, thought is given to one of the Mysteries of the Rosary, which recall events in the lives of Jesus and Mary. Normally, five decades are recited in a session. Other prayers are sometimes added after each decade (in particular, the Fatima Prayer) and before (in particular, *the Apostles' Creed*), and after (in particular, *the Hail, Holy Queen*) the five decades taken as a whole.

The traditional Rosary is divided into three parts, each having five mysteries: Glorious, Joyful and Sorrowful. It is customary to begin by offering one *Our Father*, three *Hail Marys* and a *Glory Be* for the intentions of the Holy Father.

OUR FATHER, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. AMEN.

HAIL MARY, full of grace, the Lord is with thee; Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. AMEN.

GLORY BE to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. AMEN.



In his apostolic letter *Rosarium Virginis Mariae*, Saint John Paul II proposed a new set of mysteries which he called the Luminous, and which concern the period of the public life of Our Lord. For those who wish to say all 20 decades at once during the course, they may be said in the following order: Joyful, Luminous, Sorrowful and Glorious.

For those who wish to say five decades per day, Saint John Paul II proposed the following schedule:

Joyful: Monday & Saturday

Sorrowful: Tuesday & Friday

Glorious: Wednesday & Sunday

Luminous: Thursday

Rosary beads are an aid towards saying the Rosary in the proper sequence. The large bead denotes the *Our Father*, the small beads denote the 10 *Hail Marys* and the large bead again denotes the *Glory Be*. #praytherosary

How to Pray the Rosary

Praying the Rosary is “a spiritual aid for our soul and for spreading love, forgiveness and brotherhood to everyone.”

- Pope Francis



The Joyful Mysteries

- 1st Joyful Mystery: **The Annunciation**
- 2nd Joyful Mystery: **The Visitation of Mary to Elizabeth**
- 3rd Joyful Mystery: **The Nativity of Our Lord Jesus Christ**
- 4th Joyful Mystery: **The Presentation of Our Lord**
- 5th Joyful Mystery: **Finding Jesus in the Temple**



The Luminous Mysteries

- 1st Luminous Mystery: **The Baptism of the Lord**
- 2nd Luminous Mystery: **The Wedding of Cana**
- 3rd Luminous Mystery: **The Proclamation of the Kingdom**
- 4th Luminous Mystery: **The Transfiguration**
- 5th Luminous Mystery: **The Institution of the Eucharist**



The Sorrowful Mysteries

- 1st Sorrowful Mystery: **The Agony of Jesus in the Garden**
- 2nd Sorrowful Mystery: **The Scourging at the Pillar**
- 3rd Sorrowful Mystery: **The Crowning of Thorns**
- 4th Sorrowful Mystery: **The Carrying of the Cross**
- 5th Sorrowful Mystery: **The Crucifixion of Our Lord**



The Glorious Mysteries

- 1st Glorious Mystery: **The Resurrection of Jesus Christ**
- 2nd Glorious Mystery: **The Ascension**
- 3rd Glorious Mystery: **The Descent of the Holy Spirit**
- 4th Glorious Mystery: **The Assumption of Mary into Heaven**
- 5th Glorious Mystery: **The Crowning of the Blessed Virgin**

