

COUNSELLING SERVICES

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Faiseamh Helpline

Faiseamh is an organisation which provides telephone counselling and a counselling and psychotherapy referral service for people who have been sexually, physically, or emotionally abused by priests or religious. Our aim is to ensure that the people who contact us receive the best possible help and support in dealing with the events of the past.

Free access to a helpline staffed by experienced Telephone Counsellors.
This operates on Mondays and Wednesdays from 11.00 am – 8.00 pm, and on Fridays from 11.00 am to 4.00 pm.

Freephone 1800 331234 (Rep. of Ireland) and Freephone 0800 973272 (NI and UK).
Website: www.faiseamh.com

Connect

Connect is a free phone counselling service for any adult who has experienced abuse, trauma or neglect in childhood. The service is also available to partners or relatives of people with these experiences. With Connect you can talk in confidence with a trained counsellor who can listen or help with questions you have.

Connect is an out of hours service available Wednesday to Sunday, from 6-10pm.
To speak to a counsellor call: Freephone 1800 235 235
Website: www.connectcounselling.ie

National Counselling Service (NCS)

The HSE National Counselling Service (NCS) is for adults who were abused in childhood and was established in September 2000 in response to the recognition that a large number of adults had been abused as children while in care in State institutions in Ireland. The NCS offers confidential face to face counselling, free of charge, to adults who experienced physical, emotional, sexual abuse or neglect during childhood. Counselling is available at 60 locations throughout Ireland.

For an appointment at a location of your choice Freephone: 1800 235 234
More information at: www.hse-ncs.ie

CHILDLINE

provides a 24 hour listening service for all children up to the age of 18.
Tel: 1800 66 66 66 / www.childline.ie

ISPCC

The Irish Society for the Prevention of Cruelty to Children
Tel: 01 6767 960 / www.ispcc.ie