

TAKE HEART!

Dealing with the effects of unemployment...

TAKING STOCK

Monday 28th September / 7.00-9.00pm

Dealing with the personal consequences of unemployment.

INVESTING IN YOURSELF

Monday 5th October / 7.00-9.00pm

Identifying and building inner resources.

INVESTING IN RELATIONSHIPS

Monday 12th October / 7.00-9.00pm

Moving forward together with family, friends & significant others.



VENUE: The Clarion Hotel, IFSC, Excise Walk, Dublin 1.
Only 5 minutes from the Luas, Connolly Station and Busaras

CONTACT: ACCORD 01 – 5053112 / info@accord.ie / www.accord.ie



ADMISSION FREE / BOOKING ADVISABLE

Catholic Marriage Care Service