

# Trócaire Lenten Campaign 2010

*Give us this day our daily bread.....*

These words are very familiar to us. We pray them every time we say the Our Father together. Thankfully most of us have enough to eat and some of us have more than enough. There are many people in the world who are not so lucky. This year Trócaire reminds us of the people who struggle every day just to find enough food to feed themselves and their families.



The girl in the picture is called Domitille and she is from Rwanda in Africa. She is six years old and lives with her parents, Froudault and Triphonie and the rest of her family. This family often does not have enough to eat. Domitille's father says *'For us as parents we often go without food. As soon as we get 1 ½ kg of flour we give it to our kids because we don't want to see them crying'*.

We can help Domitille and her family and lots of other children in Rwanda during Lent this year. The Trócaire box is a reminder to us of how we can help. Just a small amount of money will make a big difference. Just six years ago in 2004 another little girl from Rwanda was pictured on the Trócaire box during Lent. Her name is Josienne and the money that was collected by Trócaire made a big difference in her life. This year she hopes to go to college.

## About Rwanda:

- Rwanda is a small landlocked country in Africa.
- Its neighbours are Uganda, Burundi, Democratic Republic of Congo and Tanzania
- Almost 10 million people live in Rwanda
- One in five children die before their 5<sup>th</sup> birthday
- More than 400 000 children do not attend school

Can you colour and name Rwanda's neighbours on the map?

Put your class Trócaire Box somewhere everyone can see it in your classroom.

Include the people of Rwanda and especially Domitille and her family in your class prayertime during Lent.

Decide what you will give to Trócaire this Lent. What can you fast from in order to help the people of Rwanda?

